Home remedies for UTI are Drinking fluids, do not hold your pee, apply heat to the pelvic region using a heat pad or a hot water bottle, wear loose fitting clothing, do not take food such as coffee, alcohol, citrus fruits, tomato based foods, artificial sweeteners, spicy foods, eat foods such as pears, bananas, green beans, potatoes, bread, nuts, eggs, drink cranberry juice, use some pain medications to ease the pain, take some vitamin C**, Have Plenty of Water, Urinate Frequently, Cranberry Juice, Shun Bladder Irritants, Probiotics Are Your Friend (yogurt), Wear Loose Clothes, Sip on Green Tea,** Apple Cider Vinegar on an Empty Stomach, Garlic Power, Gorge on Citrus fruits